The Leeds University Union Athletics Club has around 30 athletes who train regularly and an estimated 15 athletes who compete at indoor and outdoor BUCS. The club consists of a variety of abilities from beginners to athletes competing at a regional and national level. Our athletes have shown consistent determination and hard work to improve their fitness and performance. The Club is looking for a new coach to push all our athletes to a competitive level.

Job Description

- Leeds University Union Athletics Club Sprints and Middle-distance Coach
- The coach is responsible for creating 6-month track session plans for sprinters and middle-distance athletes in preparation for indoor and outdoor BUCS. The coach is required to run these track sessions 2-3 times a week providing support and feedback to all the athletes. A coach must be able to adapt their coaching style to each of the athletes and apply their knowledge and understanding to better our athletes’ performance.

Job Requirements

- Evidence of level 1 Athletics coaching by a governing Athletics official body and looking to forward their experience onto level 2 coaching.
- Any experience with overseeing a group size of 30 athletes.
- Desire in improving athlete performance

Timing and pay

- Working at the John Charles Centre for Sport every Tuesday and Thursday from 19:00 to around 20:30 depending on the track session specifics.
- A Sunday morning hills session at Roundhay Park (time and day may be negotiated) for an hour and a half. (Total required hours 4.5 hours a week).
- Hourly rate dependant on qualifications.

Location

- Training on Tuesday and Thursday will take place at The John Charles Centre for Sport, Middleton Grove, Leeds LS11 5DJ.
- Hills sessions at the Lake Side café entrance of Roundhay park, Park Ave, Leeds LS8 2WF.

Application deadline

- 25th September 2018

Contact Details

For interest in the position email the contact below with your name, address, contact details, availability, qualifications and experience.

Name: Harvey Stainthorpe    Email: cn16hs@leeds.ac.uk